

Leading with Hope: Knowing, Going and Showing the Way

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Pick an
academic or
personal goal
to unpack.



RUN A
MARATHON



GO VEGAN



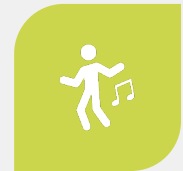
STUDY ABROAD



COMPLETE AN
HONORS THESIS



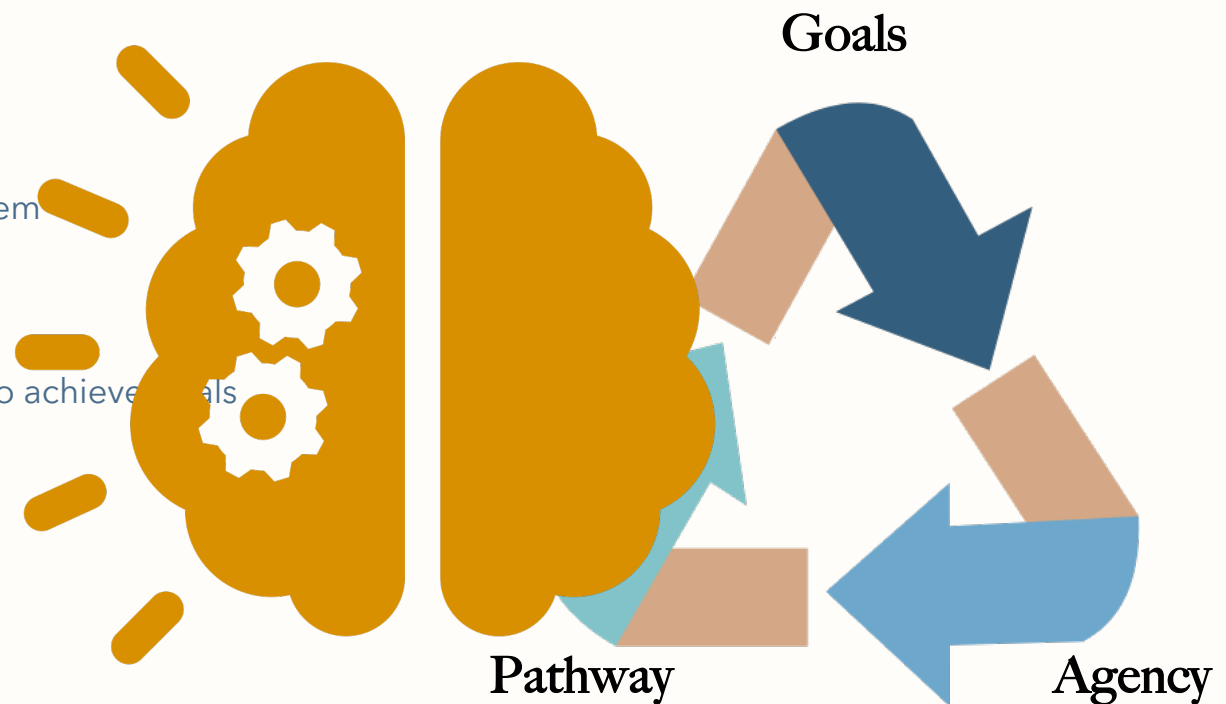
BREAK UP WITH
THEM!



LEARN TO
DANCE.

Snyder's Model of Hope

- Goals
 - ✓ Setting or accepting them
 - ✓ Focus on future
- Pathway
 - ✓ Have plans to for how to achieve goals
- Agency
 - ✓ Faith in your capacity
 - ✓ Sense of control



People who
are hopeful
have. . .



Goals

Use goals to orient their lives.



Pathways

Find different ways to achieve their goals.



Agency

Believe that they can initiate change and achieve their goals.

YOU CAN GET
THERE FROM
HERE

The Psychology of Hope

C.R. Snyder

"High hope individuals do not react in the same way to barriers as low hope individuals, instead they view barriers as challenges to overcome and use their pathway thoughts to plan an alternative route to their goals"

(Snyder C R, 1994)

Pathways are the strategies and resources you have for getting to the goal.

*You'll never get there
because you don't have*

The Inner Critic:

- You don't know how.
- You don't have the tools.
- You don't even know where to start.
- You've never done it before.

*Of course I can do this
because I know/have*

Your Inner Guide:

- I can learn!
- I can start with what I do know.
- I know what the first step is.
- I know who to ask.

Pathway Generators

Use the Cubing Prompts:

1. Describe it. What is its content?
2. Compare it. What is it similar to, different from?
3. Associate it. What does it remind you of?
4. Analyze it. Explain how it was made/came to be.
5. Apply it. Explain how it can be used.
6. Argue for or against it. Take a stand.



Pathway Generators



Agency is the confidence and belief that you can succeed in reaching the goal.

You can't do "this" because you are too

Of course I can do this because I am

The Inner Critic:

- You're stupid.
- You're lazy
- You don't have enough time.

Your Inner Guide:

- I am amazing!
- I have confidence in myself.
- You've done this before.
- You've done harder things before.

Agency Generators



Past Experiences

All that writing. My other book.



Verbal Persuasion

With
you.

My writing partner, my journaling practice.




Models

I looked at similar books.



Physiological
Self-Management

Set timers, used music, took breaks.

The background image is a composite of three distinct natural scenes. On the left, a wide river flows through a green valley under a soft, hazy sky. In the center, a powerful waterfall cascades down a rocky face, creating a misty spray at the bottom. On the right, a steep, rugged cliff is covered in dense, dark vegetation. The overall color palette is dominated by blues, greens, and earthy browns, with a dramatic, low-key lighting effect.

**A leader is one who
knows the way,
goes the way, and
shows the way.**

John C. Maxwell

Hopeful Leaders . . .



GOALS

Use goals to orient their organizations.

Know where they want the group to go.



PATHWAYS

Identify different strategies for the members to achieve the goals.

Support strategies that go towards the goal.



AGENCY

Believe that their members are capable of achieving the goal.

Show the group that they are capable of getting there.

Leading with hope means

Being an Outer Pathways Guide:

- We can learn!
- We can figure it out.
- One of us will know the first step.
- One of us in the one to ask.

Being an Outer Agency Guide:

- We are amazing!
- I have confidence in you all.
- We've done this before.
- We've done harder things before.

The background of the slide features a dense crowd of stylized human figures in various shades of brown and grey. In the center, a single figure is highlighted in a lighter grey color, standing out from the rest of the crowd. This central figure has its arms raised in a gesture of triumph or hope. A thin, light-colored arch is positioned behind the central figure, framing it. The entire scene is overlaid with a grid of thin, light-colored lines.

Hope and
privilege

Hopeful Leaders understand that . . .



GOALS

It is a privilege to set and obtain goals.



PATHWAYS

The privilege of our past experiences taught us strategies and skills.



AGENCY

The privilege of our past experiences give us confidence.

3 Ways

What are 3 ways
each component of
the model could be
impacted by
privilege?



Goals

- 1.
- 2.
- 3.



Pathways

- 1.
- 2.
- 3.




Agency

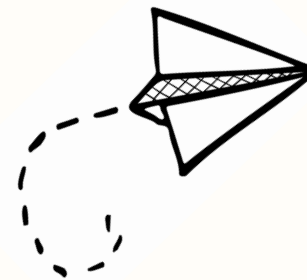
- 1.
- 2.
- 3.



Hope Applied

1. Implementing a fund raiser
 2. Increasing meeting attendance
 3. Increase student membership
 4. Increase student applications for PKP scholarships and awards.
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Walk Away Message





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